



Leathanach 8

Shamrocks Green Shoots

Club Ciarán 2016

Our annual hurling camp again proved to be a major success in July. Over 80 boys and girls took part each morning.



It was hurling all the way under the watchful eye of course coordinator John Twomey & head coach Pa Andrews.



An added plus was that many of our coaches, from our minor & u21 teams, were fully trained up to Award 1 level by the time the course started. This is vital for the survival of the camp going forward and we're already looking forward to the summer of 2017 !!



John Kerins Trophy

The u11s captured the John Kerins Memorial Plate in June. Shamrocks beat Passage, Douglas 2 & Ballygarvan before beating Whitechurch & Mayfield in Páirc Uí Rinn.



Shamrocks GAA

Chairperson - Pat McCarthy (0861651984)
Secretary - Dave O'Flaherty (0877518376)
Underage - John Twomey (0876547331)
Club Email - shamrocksgaacork@gmail.com



www.shamrocksgaa.com



Shamrocks Green Shoots



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December 2016

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Nuachtlitir na Seamróga

Fáilte

Welcome to the 9th edition of the Shamrocks Newsletter, Shamrocks Green Shoots. Once again, it was been a very busy year on the playing fields with so many games played in the club in 2016. We are set to reach over 100 games played not including under 8 & under 10 blitzes. With all the work involved in this, a special thank you goes to our dedicated team of managers, coaches and mentors across all the teams in the club.

Junior Football



Co JAF C Panel in Páirc Uí Rinn, 23/10/16

The Junior Footballers went all the way to the County Final in October, losing out to Gabriel Rangers by 6 points. This was an unexpected but fully deserved run and gave the whole club a massive boost, in particular the victory in the SE final against Ballinhassig in September, which our first win in this competition in 22 years. The team featured a nice mix of youth and experience and gathered momentum as the year went on. Unfortunately, they also lost the league final in mid November to Valley Rovers but the consistency they showed all year enabled them to go deep into the competition. The players and the management team deserve great credit on a wonderful year and they really put Shamrocks on the map throughout the county. Hopefully, they can continue on next year in the same vein

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The Academy

The boys Academy will continue in January in the NMCL Ringaskiddy on Friday nights. All players welcome. Numbers are very healthy so far this term, especially on Fridays. Our Long Term Player Development Plan is in operation each week in 2017.



U12 Hurling & Football

The U12's had a busy year. Under the management of Stephen Keane, assisted by Seamus O'Flynn and Máiréad Hayes who did communication, they started a little bit later than normal in April and finished in September. They played a total of 17 games this year between Hurling & Football and were very competitive throughout the season in all games.



U12 HL v Castletelyons - J. Jordan, N. O'Sullivan, M. Foy, E. O'Flynn, R. Barrett, D. Howard, F. Herlihy, A. Brady, S. Keane. Front - K. May, E. Clarke, C. Lynch, B. O'Mahony, A. Clarke, S. Foy, D. McCormick, F. Hayes, C. O'Donovan

They are a nice team to look forward to over the next few years, particularly 2017 as many players will be underage again and will be coming off the successful John Kerins team - numbers have been good at matches & training. They reached the semi finals of the football league where they lost out to Whitechurch.



U21

The u21s had a good year on the playing fields. Fielding a very young team in both codes, they beat Kinsale in the football championship before losing out to Ballygarvan by 4-7 to 2-11 in the football semi final.

The hurlers first drew with and then beat Ballygarvan in a replay in August in the semi final. They then lost to Tracton by 0-23 to 1-16 in the final; they showed great commitment and skill in their run to the final and will be back for more in 2017.



Award 1 Coaching Course



Back in March, the club ran an Award 1 Coaching Course for our coaches at underage & Girls Football. Over 20 coaches took part which was an excellent turnout. The course was run & organised by our Coaching Officer Pa Andrews.

As a result of the completion of this intensive 16 hour course which was ran over 2 days, Shamrocks can now say

that they now have one of the most qualified group of coaches in the county and hopefully we'll see the results of this on the fields of play over the next few years. Many of the young coaches went on to coach in Club Ciarán in the summer which is very encouraging.

U10 Hurling & Football



The u10's had a busy year. They competed in the hurling & football leagues & all the blitzes. As a result of their excellent displays in the new leagues, they went up a grade and competed very well against much stronger opposition. The enthusiasm of this group is a sight to behold with plenty of players showing interest. Once again, our thanks to all the players, parents & the young management team who have them going in the right direction.



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Shamrocks Green Shoots



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Shamrocks Green Shoots

Junior Hurling

The Junior Hurlers played 10 matches throughout the year. In the championship, they beat Tracton in the backdoor on July 1st before being beaten by Courcey Rovers in late July. They finished down the league table. While the hurling took a back seat somewhat to the footballers exploits, there is a very young team there and there is no doubt that they will improve further as the old mixes with the new minors and u21s coming true. This is currently taking place. There is plenty of optimism at adult hurling for the future.



U14's

The u14s played a very healthy 23 games this year. They proved very competitive at all their games in the hurling league with a panel featuring only 2 players on the age. They also qualified for the knockout stages. Their attitude was excellent all year long.



They excelled at the football; qualifying for the league quarter final & having a great run to championship final before being beaten 7-10 to 4-5 by St. Vincents in Passage in September. 2 interesting facts from the season - Shamrocks entered four competitions & were knocked out of all four by St Vincents. And one player (who shall remain nameless) played all 23 games with a few others not far behind. Well done to him and to the lads & hopefully that level of commitment will continue in 2017 and beyond.



Girls Football



The victorious U11 Panel



Multi Sports Day with Cork Senior Players



The u13 Panel

It has been a positive and comprehensive year for Shamrocks Ladies Football Club on and off the field of play with the club continuing to grow and expand in all areas.

Success on the field came in the way of our U11 and U13 teams who both reached the finals of their respective Mid Cork Leagues.

Our U11 team after playing 6 league games and a semi-final, clashed with Grenagh in the final only for it to end in stalemate. The replay was set and the Shamrocks ladies on the day came out victorious to win the accolade of Mid Cork U11 Champions.

Our U13 team also had success reaching the final of their respective Mid Cork League. After 6 tough league games the girls reached the final only to be defeated by Ballygarvan.

It was also a very active season for all of the girls in all of the other age groups throughout the year, competing in various leagues and blitzes with positive feedback coming from all these events.

Within the club tremendous work has been accomplished by all the clubs officials, coaches and all the other hard working volunteers, organising various successful fundraisers, activity days, and the general week to week tasks.

We would like to thank everyone involved who have contributed in any way in the development of the club going forward, continue to support and help to make Shamrocks ladies a successful and thriving club.



Minor Hurling

Its been a long & successful season for our minor hurlers. Some of these players have been representing the club at minor for the past 4 years They collected 3 trophies along the way, picking up the Rebel Óg East championship & league double. They only finished their season in mid November when they were beaten Kildorrery in the Co Hurling League Final.

A special word of thanks to the four wise men of David Nolan, Dick Andrews, Peter Crowley and Kevin O'Grady. They have kept the show on the road at minor for the past 3 years and they, along with the players, have brought numerous trophies to the club and put us back on the map. The management team has now broken up as they mover on to hopefully bigger and better things within the club. Mile buíochas leaids as ucht an turais.



Winning Minor Panel after beating Grenagh in September in Championship Final

Minor Football



It was a reasonably successful year for the Minor Footballers. While they were disappointed to be beaten by Tracton in the championship semi final in August, the players certainly made up for it by beating the same opposition in the League Final later on in October, 2-9 to 0-11. They won nearly all their league games throughout the year and topped their group.



It was great to see three of those minor players featuring with our junior footballers in their great championship run and making vital contributions along the way. Again, theres no doubt that many of these players will form the backbone of our adult teams for many years to come & they have the taste of success and will to win embedded in them from their successful minor playing days.