

Shamrocks Green Shoots



www.shamrocksgaa.com

Fáilte

Welcome to the 8th edition of the Shamrocks Newsletter, Shamrocks Green Shoots. Last year was very busy, with more games played in the club in 2015 than any other year in our history.

The 2016 season is almost upon us and we hope to be as busy again, if not more. Best of luck to all our players and management teams going forward. Na Seamróga abu!

Minor Football Champions

The Minor Footballers captured the East Region league title at the end of November with a comfortable win over Lee Gaels. Shamrocks Minors season was split into two parts - the loss in the hurling championship was forgotten as they went on a run in the football league in both the East and County Section. Indeed, they have yet to play Béal Átha'Ghaorthaidh in the 2015 County C League Final as the weather postponed this game in early December. It is hoped to play this game soon.

The players and management showed great character to regroup in September and bring silverware back to the parish for the second year in a row; and hopefully there is more to come.



The Minor Football teams and management pictured in Waterfall in November 2015 after beating Lee Gaels in the Grade C Football League Final.

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Minor Football Champions The Academy

Under 12's Shamrocks Golf Classic

The Academy

The boys Academy continues every Friday night up until April in the NMCI Ringaskiddy from 6.30pm to 8.30pm. All old, existing and **new** members welcome. We cater for 4-12 year olds. Our Long term player development plan is being implemented each week. So far, the numbers we have been getting have been our best ever

- Dates for the diary -
- The Academy, every Fri, Ringaskiddy, 6.30pm
- End February, start playing season for all teams.
- Level 1 Coaching Course, Sat Mar 5th & 12th, Clubhouse
- U12 B FC Round 1, end March



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Shamrocks Website

On Wednesday January 27th this year, our club website went past 1,000,000 hits. This was a fantastic milestone for the club. The website was been in existence in various forms for 17 years now and is run on a voluntary basis by our club PRO Pa Andrews, with the assistance of various other contributors over the years.

The site received a major revamp in 2011 and was sponsored by The Shamrock Bar, who have maintained their generous sponsorship to this day. Our thanks go to Pa and to all those people who have helped with the site in any way. It has proven to be a real success story in the club and is a living online history of the club over the past 17 years.

The photos section has proven to be a real winner over the years with the supporters and our thanks go to Frank Van Pelt (Shanbally), who is an amateur photographer and brings his camera to the games he attends. The action photos he takes and upload have certainly been a factor in that impressive 1,000,000 figure. Here's to another million!



Shamrocks GAA

Chairperson - Pat McCarthy chairperson.shamrocks.cork@gaa.ie secretary.shamrocks.cork@gaa.ie

Underage Chairperson - John Twomey (0876547331)





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Underage Coaching Plan 2016-2021



On Wednesday February 10th last, Shamrocks launched their first ever underage coaching development plan which covers the years 2016 up until 2021. This document attempts to communicate to our members the plans that the clubs sub committee, Sham rocks Juvenile Club, has in bringing a structure to all underage sections of the club. It outlines the targets and structures that the club is putting in place for all its Juvenile members, be they players, mentors or volunteers. It covers primarily schools and juvenile coaching.