



# Shamrocks Green Shoots



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February 2013

## Nuachtlitir na Seamróga

### Fáilte

Welcome to the new Shamrocks GAA Club Newsletter. We hope you take the time to read through what is only a sample of the many events that took place in the club in 2012.

Shamrocks GAA Club aims to promote Gaelic Games in Monkstown parish and is committed to the physical, social and personal development of all members. The Club policy is to encourage active participation by all players to achieve their potential in a structured, safe and disciplined environment. The overall aim is to create a community spirit for the benefit of all through committing Shamrocks GAA to excellence on and off the playing fields

This particular Newsletter is primarily directed at our underage members, in Hurling, Gaelic Football and Girls Football.

Idir an dá linn, tá súil agam sibh a fheiceáil ar pháirceanna na Seamróga I 2013!

John Twomey

Underage Chairman



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### Club Origins

Shamrocks Hurling & Football Club was founded in 1898 by John Murphy (farmer), Michael Henry Murphy (teacher) and John Francis McSweeney (coal merchant). The game of hurling was prominent in the area long before the club was formally founded. The very first game recorded was in 1828 on the 17th of December when a team from the Ringaskiddy area played a team drawn from the neighbouring parish of Carrigaline. The team from Ringaskiddy was organised by a well known landlord Captain Connor who had served in the British Navy. Capt. Connor was an officer on the English warship which took Napoleon to exile on Elba.

The Clubs jersey's are green with a white sash and Shamrock emblem. This arrangement has remained unchanged over the years.



[www.shamrocksgaa.com](http://www.shamrocksgaa.com)

### Dates for the diary-

- Playing Season starts for all teams, February 2013
- Switching on of our new Floodlights, Feb 2013
- Foundation Course in Clubhouse, Sat Feb 16th.
- Underage trip to NHL under lights, Cork V Tipp, Sat Feb 23rd.
- U10 Indoor Hurling Blitz, Sat Mar 2nd.



Michael Prout, holder of 4 All Ireland medals, giving instructions

## Camp Ciarán (Shamrocks Hurling Camp)

The inaugural Camp Ciarán was held from July 2<sup>nd</sup> to July 6<sup>th</sup> 2012 in our Pitch. It was the first time we ran a full hurling camp and it was a great success. Cork hurling captain Donal Óg Cusack officially launched and opened the event. Over 70 young boys and girls aged between 4 and 12 took part and an excellent program of events kept them occupied throughout the week. It was run similar to the 'Cúl Camps' and it is hoped to run it again in Summer 2013.



## The U9's

The under 9's played up until the start of November. These lads have been training away as part of the Academy at the weekends with emphasis in particular on fun while encouraging the players to practice at home as well, which is very important in any players skill development. They played teams from Castlelyons, Blarney, Crosshaven, Douglas, St Vincents, Mayfield, Whitescross, Gleann na Laoi and Delaneys at various stages. Anyone looking to help out should contact Pa Andrews (0861914926).





### Girls Football

Shamrocks Ladies Football Club has had a very positive year in 2012. The Club has seen huge growth in numbers which suggests that the future of Ladies Football in Shamrocks is bright. What is our aim for 2013? We aim to develop the club by encouraging more children to join our club & also by encouraging their parents to get involved. We also aim to further develop Gaelic4Mothers in 2013. There was a huge interest in this last year & we will be building on this with some very capable Mothers. We will also be aiming to get an U18 team back training & looking to the future & having Shamrocks Ladies being represented at Junior



Action from Shamrocks V Nemo Rangers

*The Girls Football Club were set up in 2012 and were officially launched by Cork Senior Footballer Brid Stack, holder of multiple All Ireland Seniors Football Medals. They are always on the look out for new members.*

*They train every Tuesday from 6.30pm to 8.30pm in the NMCI Ringaskiddy.*

*Please contact Susan O'Mahony for further details (0863680618).*



Action from Shamrocks V Nemo Rangers

### The U11's

The lads played in the Annual John Kerins Tournament in June 2012 in Páirc Uí Rinn and provided the parents and supporters with great entertainment. They played in what was acknowledged as the best game of the whole tournament and played some great football throughout. They also played Carrigaline and Passage in hurling during the year. Again, we're looking for mentors to get involved with this talented group of players. Anyone looking to help out should contact Jed O'Flaherty (0877693823).





## The Academy

We continue to run our Underage Academy which focuses on hurling and football. We run it at weekends and start outdoors on Saturday mornings from September into October. We then switch indoors on Friday nights to the excellent facilities in the National Marine College, Ringaskiddy for the winter months before we move back outdoors again from April until June. A lot of the coaching this year is done by members of our Adult junior teams, who give of their free time which is great to see. Members of the Academy can get club gear and helmets/hurleys at reduced prizes. All new members are most welcome. The Academy continues in February.









## U13's

The 2012 under 13 season was held towards the start of the year; our division started on February the 11<sup>th</sup>. The lads started well in the football with a couple of wins under the belt but eventually finished mid table in the league. Again, when the full panel was on duty, they played some great football which augers well for the future.

Following a recent coaching conference, Shamrocks are actively re-evaluating their coaching structures and are currently putting together an exciting package to promote hurling, which will include in house Blitz's, Indoor leagues etc.

Again, there are some good hurlers in this group and again, mentors, in particular parents are needed to guide them. Contact Jed O'Flaherty (0877693823).



Back Row – John Jordan (mentor), Cathal Murphy, David O'Sullivan, James Lynam, Daniel O'Mahony, Shane Flavin, David Fox, Ruairi Meighan, Evan Seymour, Joe O'Keefe, Jed O'Flaherty (mentor). Front Row – Shane Downey, Sam Geary, Dylan O'Flaherty, Seán Andrews, Adam Jones, Stephen Fox, Killian Hayes, Tim Hayes (mentor)

## Multi Sports Mini Camp

Shamrocks Underage & Ladies Football Club held their second successive Multisports Camp on Saturday 15<sup>th</sup> and Sunday 16<sup>th</sup> of September 2012.

It was a very successful weekend which saw over a 100 boys and girls participate. The children had a very enjoyable time; experiencing a range of sports such as Hurling, Gaelic Football, Rounders, Orienteering and Olympic Handball. The highlight of the camp was the visit of Seán Óg O hAilpín on Sunday who had a cúpla focail of advice for all the young and upcoming Shamrock players.





## Shamrocks Primary Schools Blitz

Shamrocks Underage ran a Gaelic Football Blitz for the 3 schools in the parish Wednesday May 2nd 2012. The weather was glorious and 2nd and 3rd class from Scoil Barra Naofa Monstown, Shanbally NS and

Ringaskiddy Lower Harbour NS (plus 1st class) took part and all boys and girls got plenty of game time on the top and bottom pitches. In total there were over 140 kids present which was great to see.

We plan on running one again before the end of the current school year.



## U15's

The under 15's played 16 games between hurling and football during the year. They were reasonably successful and reached 2 league final but unfortunately lost out on both occasions to Grenagh. Once again, this group have been together since u9's and they are progressing each year, especially in hurling and have massive potential going forward. They played teams like Grenagh, Crosshaven, Lisgoold, Douglas and Dripsey.



Hurling Training with Martin Coleman GDA



Football League Final V Grenagh

If you have any news for the next issue of Shamrocks Green Shoots, please contact club PRO

Patrick Andrews on 0861914926 or [pro.shamrocks.cork@gmail.com](mailto:pro.shamrocks.cork@gmail.com)

Shamrocks revamped and re-launched their website in November 2011. Since then, we've had over 130,000 visitors to the site. On it you can find all the latest news concerning the club along with many more colour photo's.

Check it out at

**[www.shamrocksgaa.com](http://www.shamrocksgaa.com)**



Shamrocks GAA are also on Facebook. Check us out and "like" us.

## Girls Football/ Underage Christmas Disco

The Girls Football and the Juvenile Cub held an end of year Christmas Disco just before Christmas in Pzifers Sports Club. This was to mark the contribution of the many boys and girls and indeed their parents to the life of the club in 2012.

With well over 100 youngsters, idir óg agus aosta, it was easily our biggest underage night yet and the children danced till they dropped, music provided by a DJ especially brought in for the night.

All in all a wonderful nights entertainment to finish off the year on a very positive note; heres hoping to see you all and more on the playing fields of Cumann Íomána agus Peile na Seamróga in 2013.



# Club Contacts

### Adult Section

CHAIRMAN: Pat McCarthy

VICE CHAIRMAN: Kieran Lynam

SECRETARY: Dave O'Flaherty

TREASURER: John Twomey (Shanbally)

PRO: Patrick Andrews

REGISTRAR: Tony O'Sullivan

### Underage Committee

CHAIRMAN: John Twomey (Ringaskiddy)

VICE CHAIRMAN: Peter Crowley

SECRETARY: Patrick Andrews

TREASURER: Paddy Andrews

BOARD DELEGATE: Paddy Andrews

SCHOOLS COACH & EDUCATION OFFICER: Liam Shanahan

### Hurling & Football Coaching

UNDER 10's (2003) – Seamus O'Flynn (0872546869)

UNDER 12's (2001) – Jed O'Flaherty (0877693823)

UNDER 14's (1999) – Tim Hayes (0877693823)

UNDER 16's (1997) – Peter Crowley (0863500560)

UNDER 18's/MINOR (1995) – John Twomey (0876547331)

GIRLS FOOTBALL – Susan O'Mahony (0863680618)

