



Shamrocks Green Shoots



Shamrocks Green Shoots

May 2013

Nuachtlitir na Seamróga

Fáilte

Welcome to the second Shamrocks GAA Club Newsletter. We hope you take the time to read through what is only a sample of the many events that have already taken place in our club in 2013.

We will publish another one in September.

Shamrocks will once again be hosting "Camp Ciarán", our annual hurling camp for primary school boys and girls, from Monday July 1st to Friday July 5th.

The inaugural Camp Ciarán was held last year and proved a great success. It promises to be a great week of fun, with expert coaching and plenty of guest appearances from prominent Cork players throughout the week.

Application forms are available for downloading through our website.

CAMP CIARÁN HURLING CAMP

@ Shamrocks Gaa Club Grounds

Open to all Boys and Girls attending national school Now

Expert coaching from clubs top players with visits from special guests

From Mon July 1st to Fri July 5th
Fee € 25.00

WHAT YOU NEED;
Packed Lunch & soft drink or water, hurley, helmet, football boots, shorts, runners and a change of clothes if wet.

Hurleys and helmets can be purchased through the club see reverse



Inside this Issue

Camp Ciarán 1
Foundation Course

Under 10's 2
Under 12's

Under 14's 3
Under 16's

Girls Football 4
Shamrocks Golf Classic



The above Club hoodie is now available through O'Neills, further details are on our website.



Foundation Course

Shamrocks Underage and Girls Football ran a very successful Foundation Course in February. Hopefully the players coming into our club will see the benefits of this in our coaches over the years to come.

Dates for the diary-

- U8 Monster Football Blitz, June 8th
- U14 Hurling Championship, June 13th
- Last Day of The Academy, June 22nd
- Camp Ciarán, July 1st - July 5th

www.shamrocksgaa.com



Panel V Courcsey Rovers, back row - Fionn Meighan, Harry Andrews, Josh Bartlett, Fionn Herlihy, Derry Howard, Mark Sisk. Front - Eoin O'Flynn, Declan Carroll, Colin Murphy, Michael Foy, Darragh O'Brien, Jack O'Leary.

U10's & U8's

The under 10's, under Seamus O'Flynn and Richard Murphy, have been playing plenty of games so far, between league and blitzes.

They played in a hurling blitz in Ballinhassig in May while they are unbeaten in all football games so far this year, between league and blitz; this is a very good bunch of players and they deserve all the support and attention they can get.

The League and Blitzes continue throughout the summer for this talented group.

U12's

The lads have played 7 games so far this year. Regular games is the target with this group and we can see the improvements already.

They were 8 points down to Grenagh recently at HT and came back to win by 6. Mentors Jed O'Flaherty, Pa Andrews and our new "Tipp man" Aidan O'Leary are happy with progress so far, with more games to come.





U14 and U16

The under 14's had a tough start to the year with low turnouts, in particular in hurling but have really settled down, they've played 3 games in each code so far, with more to come. Well down Noel Murphy and John Herlihy (and earlier Tim Hayes) for sticking diligently with this group.

The under 16's, under new coach David Nolan, are top of both their groups. There is a vitality and a freshness in this group this year and training has been going excellent - they even have their own training gear!

They have played 5 hurling and 2 football matches so far with plenty more still to come.

Minor

The Minors have played 3 football games and 4 hurling games, with mixed success. Again, numbers were tight at the start of the year in hurling but the management team of Kieran Lynam, Liam Shanahan, Kevin O'Mahony and John Twomey (Ringaskiddy) were determined to get a team on the field and that they have done.

The panel is very young but the lads have been showing great enthusiasm in training and in their matches and have become much more competitive in each hurling game in particular.

They play Dripsey in the football championship on July 8th and Brian Dillons in the hurling on August 1st.

Go n-éirí leis na leaids sna scrúdaithe—best of luck to all the players in their Exams!!





Ladies Football

U14s: Shamrocks Girls have entered a team for the U14 Mid-Cork League this year. We have a very young group of girls playing in the U14 league & they have worked very hard despite some challenging matches against Douglas, Carrigaline and Naomh Abán. The benefit of these matches proved worthwhile against Nemo when the girls showed fantastic determination, skill and teamwork.

U8/U10s: The U8s/U10s have had great success so far in their matches against Glanmire, Ballyphehane and Nemo. They have won all matches so far this year & they are looking forward to the Mid—Cork U10 league in the Summer.

Gaelic4Mothers & Others: Shamrocks Ladies Football have set up Gaelic4Mothers & Others this year. This is a fantastic opportunity for Mothers & Others to get fit, have fun & learn the skills of Gaelic Football. Training is on every Tuesday night @ 6.30pm – 7.30pm. All are welcome.

Training is on every Tuesday & Thursday night from 6.30pm-7.30pm for all girls. We always welcome new girls to the club. Come along & have some Fun!!



Golf Classic

The Club's biennial Golf Classic took place on the Monkstown course on Monday May 20th.

The course was in great shape and the prevailing weather helped in no small way in making it a splendid day for all the participants. Some fine scores were recorded and the programme was completed on schedule, much to the satisfaction of the organising committee.

1st - John Joe Shanahan, Ger O'Halloran and Pat O'Sullivan (Ballingeary).

2nd - Fergus O'Neill, Tom Scannell and Oliver Webb representing Cork Builders Providers Ltd.

3rd - The three Collins brothers, Fergal, Darragh and Seanán.

Club Vice-Chairman, Mr. Kieran Lynam, spoke on behalf of the Club. He expressed sincere thanks to all the participants for their goodwill and support. Thanks was extended too, to the sponsors and the many people who donated prizes.

Special thanks was extended to the Golf organising Group headed up by Alan Geary along with Daragh Collins, Mark Hickey, John Twomey (Shanbally) and that great veteran Shamrock and Club Vice-President Neally O'Mahony.

Shamrocks GAA

Contacts

chairperson.shamrocks.cork@gaa.ie
secretary.shamrocks.cork@gaa.ie
Underage - John Twomey (0876547331)



www.shamrocksgaa.com



1st place team with Kieran Lynam